Bronze Medallion

PUA20119 Certificate II in Public Safety (Aquatic Rescue)

COURSE OVERVIEW

v1 MAY 2020



COURSE AIM

The aim of this course is to provide participants with skills and knowledge related to surf awareness, aquatic rescue operations, radio operations, resuscitation, emergency care, spinal management, communication, teamwork and Surf Life Saving patrol operations. This award includes and builds upon the SLSA Surf Rescue Certificate, and it is the prerequisite award for many other SLS pathway awards.

It is recommended for SLS members who wish to:

- perform in the role of a qualified lifesaver after the age of 15 years
- participate in SLS surf sports competitions which require them to be proficient in the Bronze Medallion as a prerequisite condition
- progress through the SLS Aquatic Rescue or Powercraft award pathway.

SURF LIFE SAVING ENTRY REQUIREMENTS

To commence training for the Bronze Medallion you must:

- be a financial member of an SLS club
- be at least 15 years of age on the final assessment date
- complete an unaided swim of 400 m in 8 minutes or less (goggles and masks permitted) in a swimming pool of not less than 25 m, or over a measured open water course which will be observed prior to you undertaking any water training or assessment activities. Evidence of this must be provided to the assessor prior to commencement of the assessment for this qualification/SLSA award.

You will also need an everyday standard of language, literacy and numeracy skills to be able to:

- follow written, verbal and visual instructions
- read and interpret a range of signs and symbols
- read and interpret written information
- make basic mathematical calculations to carry out everyday activities
- keep accurate written records.

WHAT YOU WILL LEARN

By the end of this course, you should be able to:

- 1. apply knowledge of the surf environment including hazards and surf conditions
- 2. apply surf skills and techniques for self-survival in the water while negotiating prevailing surf conditions with or without a flotation device
- 3. prepare for and respond to a rescue with appropriate rescue and personal protective equipment
- 4. participate in assessing a rescue scene
- 5. safely perform a rescue using appropriate equipment and rescue techniques while following Surf Life Saving procedures
- 6. conclude rescue operations in line with Surf Life Saving policies and procedures
- 7. safely use Surf Life Saving communications systems and radio equipment to support communications consistent with Surf Life Saving policies and procedures
- 8. apply fault-finding techniques and maintain Surf Life Saving radio equipment
- 9. respond to an emergency situation requiring cardiopulmonary resuscitation (CPR)
- 10. perform a primary victim assessment including cardiopulmonary resuscitation (CPR) and use of an automated external defibrillator (AED)
- 11. respond to an emergency situation requiring first aid
- 12. perform a secondary victim assessment and apply appropriate first aid procedures
- 13. identify and manage victims with a suspected spinal cord injury
- 14. accurately report and convey first aid incident details to emergency response services while maintaining confidentiality of records and information in line with statutory and Surf Life Saving policies
- 15. communicate effectively using verbal and non-verbal communication techniques in line with Surf Life Saving policies and procedures
- 16. give, receive and act upon instructions within an agreed timeframe and to meet Surf Life Saving needs
- 17. take part in group discussions and informal meetings in a constructive way to facilitate Surf Life Saving outcomes
- 18. prepare and process routine written correspondence notes and records in line with Surf Life Saving policies and procedures
- 19. contribute to team activities to ensure they are completed to required standard within required timeframes and in accordance with organisational policies and procedures
- 20. share knowledge and information with team members and Surf Life Saving committees to enable efficient completion of tasks in accordance with the Surf Life Saving's policies and procedures
- 21. give and receive support and feedback to/from team members and Surf Life Saving committees
- 22. manage and maintain your own work effectiveness
- 23. develop and maintain your own expertise
- 24. promote cooperation and contribute to improving Surf Life Saving and quality of outcomes
- 25. follow Surf Life Saving procedures for hazard identification and risk control
- 26. participate in group meetings to contribute to the management of workplace health and safety.

CERTIFICATION

Upon successful completion of this course, you will be awarded with the SLSA Bronze Medallion. You will also receive the following nationally recognised qualification and units of competency:

PUA20119 CERTIFICATE II IN PUBLIC SAFETY (AQUATIC RESCUE)

- 1. PUAOPE013 Operate communications systems and equipment
- 2. PUASAR012 Apply surf awareness and self-rescue skills
- 3. PUASAR013 Participate in an aquatic rescue operation
- 4. HLTAID002 Provide basic emergency life support
- 5. PUACOM001 Communicate in the workplace
- 6. PUATEA001 Work in a team
- 7. PUATEA004 Work effectively in a public safety organisation
- 8. PUAWHS001 Follow defined work health & safety policies & procedures

You will also be awarded the following additional unit of competency:

1. HLTAID001 Provide cardiopulmonary resuscitation

Further details about each of the above mentioned nationally recognised units of competency and certificate are available on the Australian Government's <u>training.gov.au</u> website.

CURRENCY AND RECOGNITION OF PRIOR LEARNING

SLS members who believe they already possess some or all of the skills and knowledge of this award, or who have currency in one or more of the related units of competency, may wish to apply for recognition of prior learning (RPL) or credit transfer. They should consult their SLS club's chief training officer or SLS state centre for more information.

For the SLSA Bronze Medallion award to remain current, you must participate in an annual skills maintenance session and be assessed as proficient prior to 31 December each year. The annual skills maintenance session must meet the minimum requirements set by SLSA as well as be completed in accordance with state/territory-based requirements and standard operating procedures.